

Oct  
2020

# MOSAIC

## RWC Newsletter

### Presidents' Message

Dear RWC members:

There is so much going on with RWC even in these uncertain times. Keep up the good work! Our members continue to grow in their commitment to community and quality of life. Great job all!

Please read our email blasts sent by Margaret V. and the monthly newsletter for information and keep in contact with your Hive. Also, check out and use our Facebook page to share information with other members..

<https://www.facebook.com/RiversideWomansClub>

Save the Date - Riverside Woman's Club October General Membership Meeting on Zoom Tuesday, October 13th at 6 pm. Zoom link and agenda coming soon. In our ongoing celebration of the anniversary of the 19th Amendment, we are asking members to wear hats to the October meeting, More info to come. Alison Eccleston is our hostess, and we will have raffle prizes! Thank you Alison.

Your Presidents,  
Marti and Erin



### The Latest Buzz!

We hope you are settling into your hive. This is a great resource for staying connected and collaborating. We have seen a lot of creative ideas. Let your leadership and editing team know what you are up to! We would like to post monthly updates in the newsletters about hive information, updates, and general news.



### CONTACT US

[www.RiversideWomansClub.com](http://www.RiversideWomansClub.com)

[www.facebook.com/RiversideWomansClub](https://www.facebook.com/RiversideWomansClub)

Edited by Judith G. and Stephanie P.



## Book Club Updates by Lois B.

At the last meeting, we discussed the plans for the rest of the year. We are holding Book Club meetings in October and November but there will NOT be a meeting in December.

The October Book Club meeting will be held on Friday, October 30th at 6:00 pm. It will be an "in-person," socially-distanced meeting at the clubhouse. All participants must wear a mask except when taking a sip of your drink/water or eating your dinner. If more than 10 are planning to participate, it will be changed to a video chat.

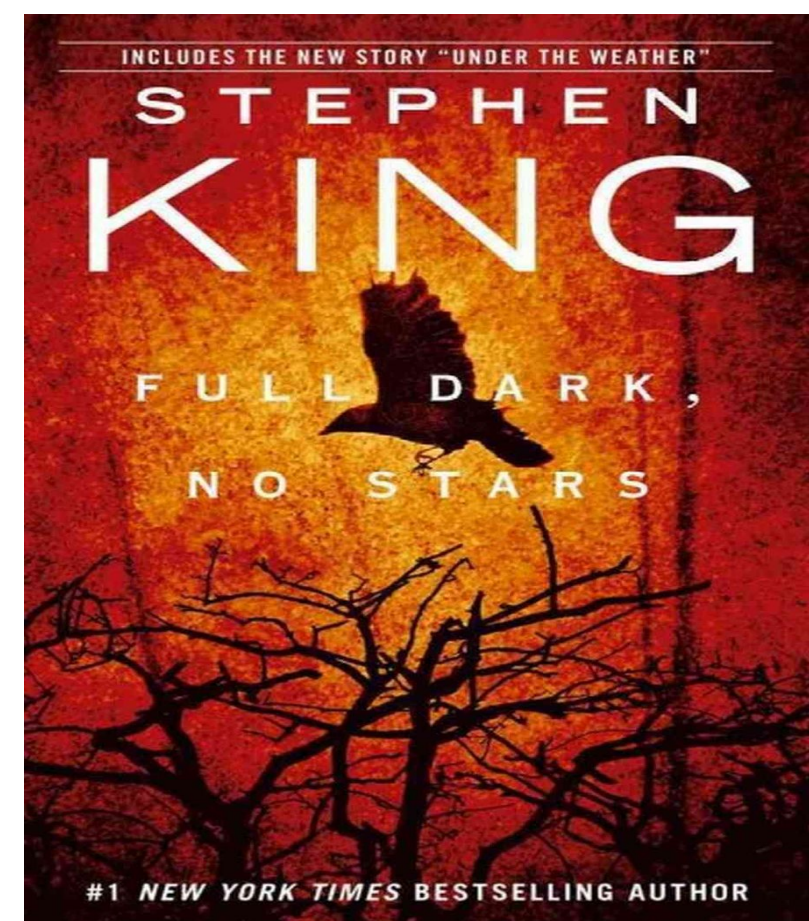
The October book selection is *Full Dark, No Stars* by New York Times bestselling author Stephen King. It is a collection of four short stories that explore the dark side of human nature. Our discussion leader is Erin Synder

For those who want to plan ahead, the book selection for November is *Remarkable Creatures* by Tracy Chevalier. It is a stunning historical novel that follows the story of two extraordinary 19th-century fossil hunters who changed the scientific world forever. We are tentatively planning to meet on Tuesday evening November 24th at 6 pm since Thanksgiving and Black Friday are later that week.

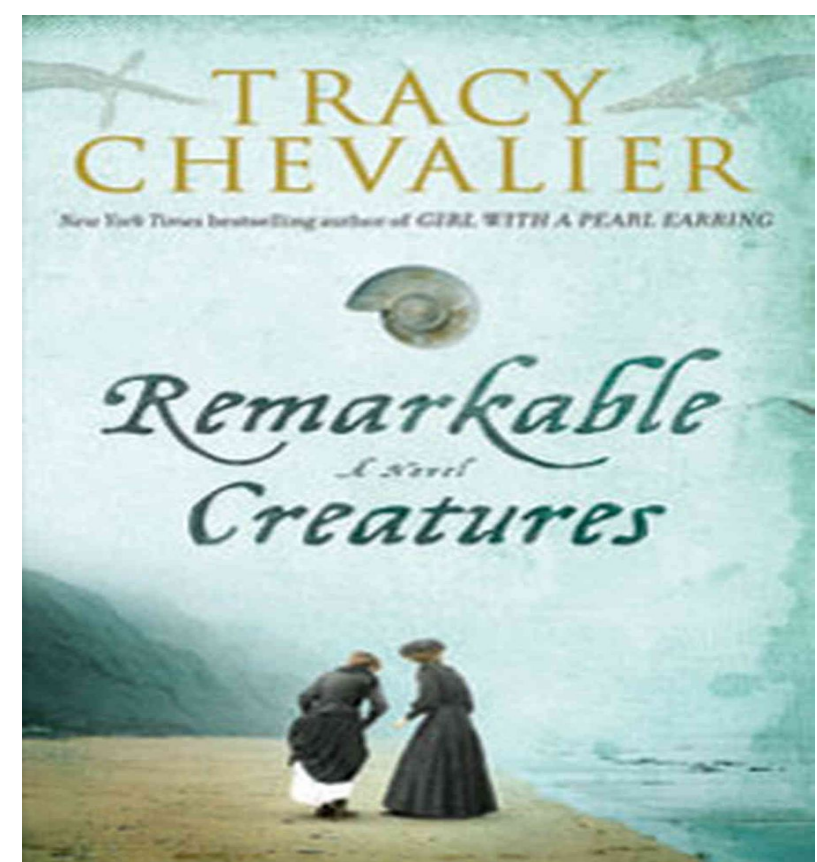
If you have any questions, please contact Lois B. and let her know if you will be attending the next meeting by October 30.

## Book Selections for October and November

### OCTOBER



### NOVEMBER



## Pink on Parade by Lois B.

Pink on Parade voting for this year's contests has begun! Vote between October 12 and October 26.

If you submitted an entry in any of the contests, email a picture of your artwork to Lois. We will feature the artwork created by you in future newsletters.





## Support for Shot@Life by Jennifer N.

Jennifer N. attended the SHOT@Life Summit this month. October marks the month-long kick-off for advocating awareness for immunizations. RWC has been a long-time supporter of this important organization, who's main focus is immunizations and the eradication of communicable life-threatening diseases. RWC usually supports this organization with a monetary donation from our January White Elephant sale. To learn how you can get involved, read the article on the next page of this newsletter. Click on the link below to be taken to the Shot@Life website.



## Area D Virtual Conference

You are invited to attend the CFWC Area D Conference, Saturday, October 17th. Please use the link below to Join the Zoom Meeting. The waiting room opens at 8:45 am (PST), and the meeting starts at 9:30 am (PST). This is an exciting time as we welcome our State President Pam Ament, 1st VP Barbara Briley Beard and 2nd VP Sonya Matthies.

Zoom Meeting Link

<https://us02web.zoom.us/j/85897841019?pwd=OEp5eXBiM0JDV0ZXY2lNa0lxSGhVQT09>

Meeting ID: 858 9784 1019

Passcode: 716610

One tap mobile

+16699006833,,85897841019# US (San Jose)

## Volunteers in Action by Judith G.

Did you know there is a part of GFWC called “Volunteers in Action”? This section has a blog that highlights nationwide, club events with pictures. It is featured in the Quick Bytes and News and Notes emails from GFWC website. I am proud to let everyone know that we, RWC was one of the three clubs featured in the Oct. 8 blog for the postal project. The other two clubs were from Connecticut. “Normally” when we meet at the monthly business meeting, our Friend, Tinka, takes pictures for our website. Now that we are not personally meeting, I’m asking for anyone involved in a project to whip out your phone camera and snap a few pics. The pics, along with the report, will be sent to GFWC Volunteers in Action. After all, RWC does such great work, GFWC needs to keep hearing our buzzing, right?

## Newsletter Contributions

The newsletter editing team is looking for your photos! We would love to include photos of your projects and socially-distanced get-togethers. Please send your photo submissions to Judith G. and Stephanie P.

## Shot@Life: Race to Erase 2020 Fall Activation (Adapted from an email sent by Rebecca Maxie for Shot@Life)

Throughout October, Shot@Life Champions and advocates are raising awareness for global vaccination needs. Their goal is to immunize as many children as possible around the world.

Rebecca Maxie, Senior Manager of Shot@Life's advocacy program, writes:

"Disruptions in routine immunization services due to COVID-19 now threaten to undo decades of strides made in children's health. To protect vaccine progress, we need global collaboration. Anyone can take actions, large or small, to maximize our impact this fall. We ask you to join us in raising awareness about lifesaving vaccines within your networks and at your congressional offices.."

One way to help is by signing the petition at [shotatlife.org/petition](https://shotatlife.org/petition). There is an option to sign up for the Shot@Life newsletter and to receive email updates. There is an opt-out button if you would like to sign the petition but don't want email communication.

You may also raise awareness by using your social media outlets to message members of Congress and to share the program and petition with friends. More information can be found in the Shot@Life social media toolkit which can be found at [bit.ly/SALSocialToolki](https://bit.ly/SALSocialToolki). Make sure to stage @ShotAtLife and use the hashtag #VaccinesWork!

You can get involved in Shot@Life's Gather your friends to participate in a virtual hangout to make phone calls to your representatives on the national call-in day, Thursday, October 22, which leads up to World Polio Day. All instructions can be found at [shotatlife.org/racetoerase](https://shotatlife.org/racetoerase).

If you are comfortable writing, pen a letter to the editor of your community news media explaining the concerns and needs for childhood immunizations. Shot@Life can help you get started.

Finally, try arranging virtual events in your community. Shot@Life encourages you to be creative and plan something that is unique to your community. Events can include scheduling a virtual meeting with your Congressional office in the week leading up to World Polio Day, October 24, 2020.

The full toolkit can be found at [shotatlife.org/racetoerase](https://shotatlife.org/racetoerase). If you get involved in any way, let us know about the work you are doing to raise awareness for global vaccinations. If you have questions or want to share your progress with Shot@Life, you can email them at [champions@shotatlife.org](mailto:champions@shotatlife.org).



# 100 Years Later: Coline Jenkins by Haruka Sakaguchi (Reprint of New York Times article)

One story from the early life of Coline Jenkins's great-great-grandmother Elizabeth Cady Stanton stood out for Ms. Jenkins. Stanton's father was a judge in Johnstown, N.Y., with an office in the family home on Main Street. Asking about the anguished faces of women who sought his counsel, Stanton learned that marriage erased a woman's identity, rendering her "civilly dead." In a fury, Stanton, 10 at the time, tried to slice the relevant statutes from her father's law books.

One of her father's clerks, noticing a coral necklace Stanton had gotten as a Christmas gift, once baited her, saying, "When you get married, your husband will own it. He can swap your necklace for cigars, and it will go up in smoke," Ms. Jenkins said. As an adult, Stanton lobbied the New York legislature, and the state became one of the first to overhaul marital property rights.

"She was addressing women's rights from childhood to her deathbed," Ms. Jenkins said. With Susan B. Anthony, Stanton — 32 and with a family of her own — helped start the movement that culminated in 1920, nearly two decades after her death, with the ratification of the 19th Amendment.

Ms. Jenkins has that coral necklace now. Her own cause is to ensure that monuments and reminders of the suffragists' work are all over America.

She is a vice president of Monumental Women, which secured a site in Central Park in New York for the "Women's Rights Pioneers" monument, portraying Stanton, Anthony, and Sojourner Truth. Its unveiling is set for Aug. 26.

Ms. Jenkins lobbied for passage of federal legislation creating a National Votes for Women Trail. With generations of family members, she has donated the Stanton papers, belongings, and the original copy of "The Woman's Bible" — all stored for generations in steamer trunks in the attic of her Greenwich, Conn., home — to institutions across the country. When Ms. Jenkins learned that a collection of 3,000 suffrage campaign mementos was for sale, she bought it: ballots, a fly swatter, a risqué black stocking embroidered with "Votes for Women" that she loans to museums, libraries, and the news media.

"To me, this collection reflects the mass movement, the weapons, and tools these women used in the world's greatest bloodless revolution," she said. "Fifty-one percent of the population gained a legal right, without a gun."



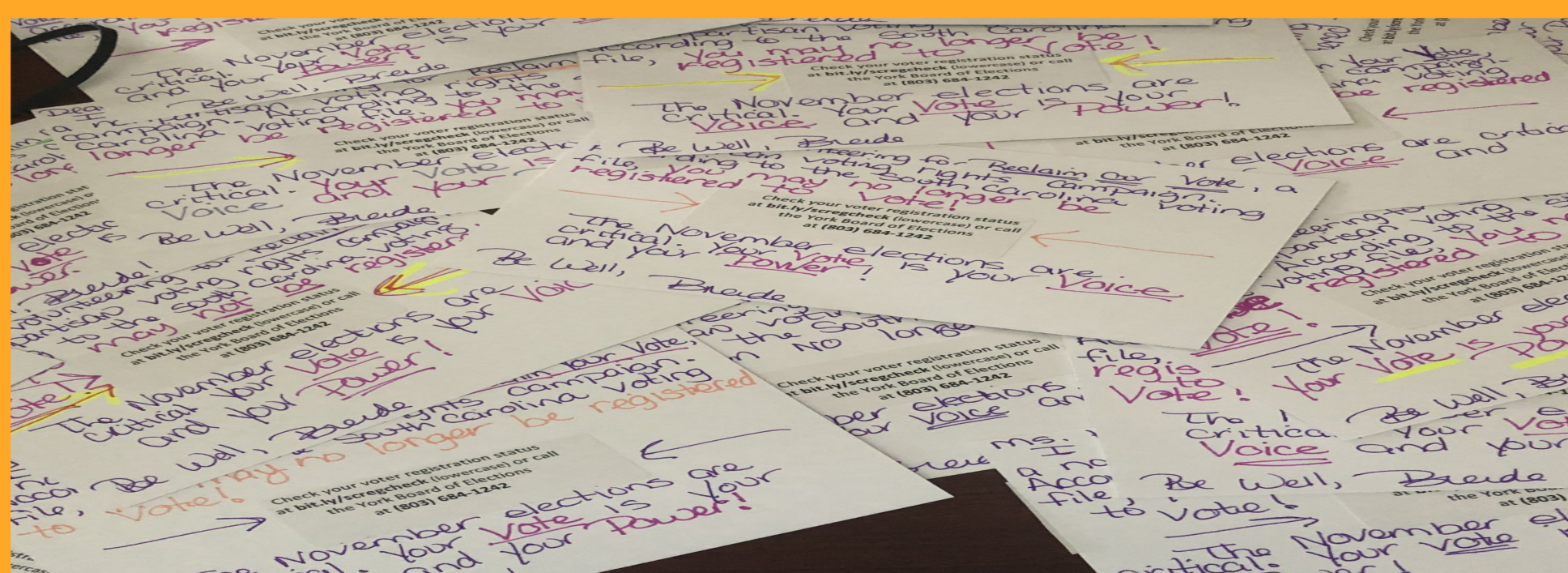
# Reclaim Our Vote Project Update

## by Darleen D. and Tinka F.

Darleen DeMason and Tinka Friend co-chaired this effort to help the Center for Common Ground on a Voter Support Project, Reclaim Our Vote which assists voters in voter-suppression states obtains the opportunity to vote. Reclaim our Vote is a non-partisan voter outreach campaign whose mission is to empower under-represented voters and fight voter suppression. The project involves recruiting volunteers to handwrite postcards to mostly rural, often older, voters of color who have been removed from their state's voter files but are likely to be unaware of this.

Fourteen RWC members, or friends, volunteered and wrote and addressed approximately 460 postcards to York County, South Carolina. Darleen and Tinka obtained the project postcards, stamps, and other materials for the group and trained participants with written instructions and an online video. Packets of supplies were prepared and delivered to the volunteers. Some volunteers also provided postage. Most finished cards were picked up by Darleen or Tinka, reviewed, stamped, and mailed. The entire project was completed within the two-week window in late August, 2020, as requested by Reclaim Our Vote. Thank you to all who participated.

Support from RWC included \$xxx for postcards and postage and publicity in the August newsletter. Volunteers: Lois B., Vicki B., Alison E., Peggy F., Robbie K., Teri L., Brenda L., Jennifer N., Paige P., Christine S., Pam S., and an additional volunteer outside of the club membership. Thank you to these amazing members who volunteered over 100 collective hours of service for this project.





## Voting Resources by Tinka Friend

Preparing for the November vote? California has a lot of propositions on the ballot. Check out these resources to help you become educated on the issues.

Ballotpedia. It is a nonprofit and nonpartisan online political encyclopedia that covers American federal, state, and local politics, elections, and public policy. This is a great resource for learning about unfamiliar candidates. It also covers propositions for each state.. [https://ballotpedia.org/Main\\_Page](https://ballotpedia.org/Main_Page)



Cal Matters with Proposition explanations and links. They are also non-profit and non-partisan.

<https://calmatters.org/explainers/california-november-2020-ballot-propositions-final-list/>



You can access Cal Matters' one-minute video synopses of each proposition using this link.

<https://calmatters.org/election-2020-guide/>



\*Click on the images on this page to be taken directly to each website.



## Leadership Lounge

by Terri L., Club Trainer and Leadership Program Lead

Every month, there will be a Leadership column in the newsletter. Unlock your personal potential and leadership abilities by being proactive about your personal wellness. Think about the areas of your life that you need to focus on to make yourself healthy, resilient, and happy. For the next few months, I will present four key principles for improving our personal well-being. You can choose one or more of these areas to take a 21-day challenge

### Feed Your Soul

1. Invest in your friendships and positive relationships
2. Make time for meditation, prayer, nature walks
3. Laugh more
4. Connect with neighbors, community

*"The more you praise and celebrate your life, the more there is in life to celebrate."*

*Oprah Winfrey*

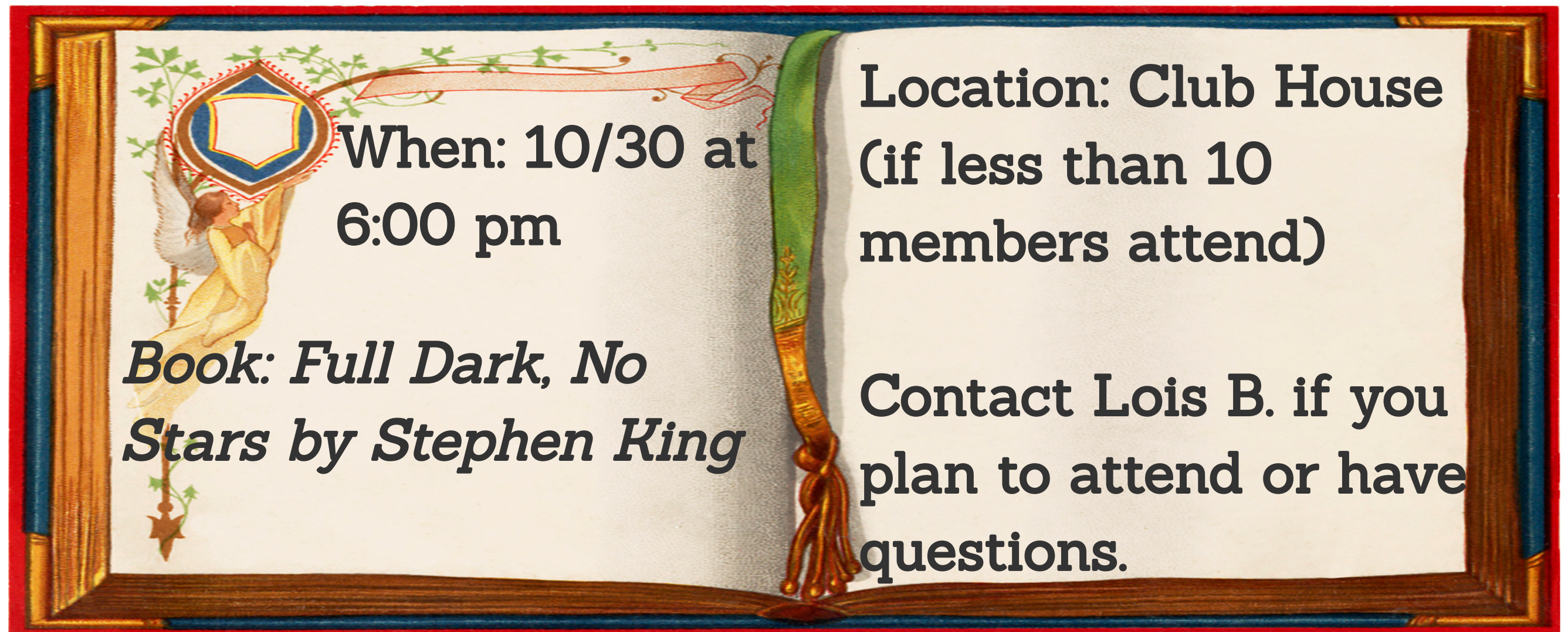
### How Do You Laugh More? by Stephanie P.

We can tell ourselves that we should laugh more, but how do we actually accomplish that goal? Here are some tips to encourage more laughter in your life.

1. Make it a true goal. Laughing is typically spontaneous and involuntary. So, planning to laugh seems counter-intuitive. However, changing habits and mindsets takes forethought. Set a goal to read a comic or view a funny photograph 3 times each day, for example. Schedule it! Set an alarm if you have to. Building the habit of laughing can help to increase focus and reduce stress.
2. Laugh to exercise. Did you know that vigorously laughing for one minute can burn the same amount of calories as running on a treadmill for 5-10 minutes?
3. Spend time with children. It is no secret that kids can be hilarious. Making time to play and imagine with children can boost opportunities for laughter.
4. Learn to laugh at yourself. This can be a tough one because we often take ourselves too seriously. Give yourself permission to be silly. Try allowing yourself 30 seconds while you are alone to jump, dance, make faces, or try a funny voice.



# Book Club Corner



**When: 10/30 at  
6:00 pm**

***Book: Full Dark, No  
Stars by Stephen King***

**Location: Club House  
(if less than 10  
members attend)**

**Contact Lois B. if you  
plan to attend or have  
questions.**

## Full Dark, No Stars Summary

The October book selection is composed of four short stories. Below are the summaries for each story.

1922: "I believe there is another man inside every man, a stranger..." writes Wilfred Leland James in the early pages of the riveting confession that makes up "1922." For James, that stranger is awakened when his wife, Arlette, proposes selling off the family homestead and moving to Omaha, setting in motion a gruesome train of murder and madness.

Big Driver: A cozy-mystery writer named Tess encounters the stranger along a back road in Massachusetts when she takes a shortcut home after a book-club engagement. Violated and left for dead, Tess plots a revenge that will bring her face-to-face with another stranger: the one inside herself.

Fair Extension: This is the shortest of these tales. Making a deal with the devil not only saves Dave Streeter from fatal cancer but provides rich recompense for a lifetime of resentment.

Good Marriage: When her husband of more than twenty years is away on one of his business trips, Darcy Anderson looks for batteries in the garage. Her toe knocks up against a box under a worktable and she discovers the stranger inside her husband. It's a horrifying discovery, rendered with bristling intensity, and it definitely ends a good marriage.