

June 2021

# MOSAIC

## RWC Newsletter

### Presidents' Message

Dear RWC members,  
I was honored to attend the 3 day CFWC State Convention in May with the theme "Metamorphosis" along with Lois Bailey and Tinka Friend via ZOOM. Alison Eccleston also attended as DeAnza District President and Robbie Kennedy as a State Committee representative. It was a long but informative Convention and in closing President Pam Ament reminded all about an underlying meaning of FEDERATION.

F = We begin with FRIENDSHIP

E = Members are full of ENERGY

D = Members have DEDICATION

E = We are EAGER to get going again

R = Members and Officers are RELIABLE in fulfilling their responsibilities

A = It is time to take ACTION in our communities

T = TOGETHER we can accomplish great things

I = I am not alone

O = ONE of many in this wonderful organization

N = NOW we will . . . . .

In addition, we would like to remind everyone that we will still be meeting informally through ZOOM during the summer at our regular meeting time, the second Tuesday of the month at 5:30 p.m. We will plan to meet in person at RWC in September.



Edited by Judith G. and Stephanie P.

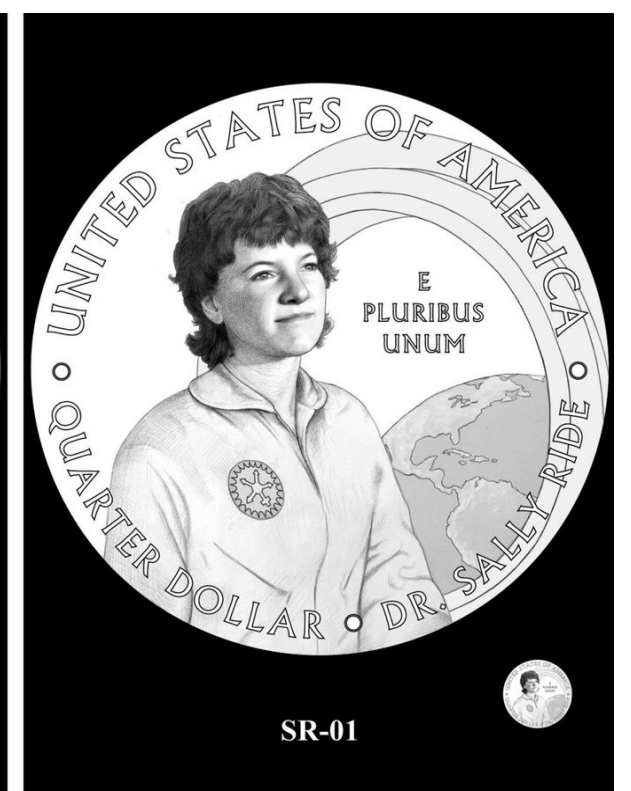
### American Women Quarters

The U.S. Mint has created a new program to honor American women. Over the next 4 years, the U.S. Mint will issue quarters featuring as many as 20 women.

Maya Angelou, an esteemed author and poet, will appear on the "tails" side of the quarter. Also featured will be American astronaut Sally Ride. These two women were inspirations to women everywhere.

A collection of these coins is a beautiful tribute to women who have positively impacted the world.

[Summary of an article printed in the New York Times]



Riverside Woman's Club is a proud member of the General Federation of Women's Clubs.



## Thank You to Our Members

Dear members,

To all our wonderful members who donated items to the foster student graduation, I want to give a big thank you. Last year we were able to provide twelve baskets to these great students. This year we all surpassed this number by far. We created 11 dorm baskets, 4 beach backpacks, and 3 school backpacks, Plus we have 12 backpacks and 2 wheelie suitcases that can be given out during the year as needed. I also have an envelope full of gift cards that I will give to them to decide how to give to the students.

You are all the best and I thank you for making this such a successful project. Please look forward to hearing from me again next April.

Margaret Van Hove  
Corresponding Secretary



## Plan Ahead

Although we are going mostly "dark" for the summer, we have a lot of events planned when we return in September. Why not get a head-start on these projects?

### Camp Pendleton Military Baby Shower

Our District Pro Tem President, Allison, is asking all district clubs to be United in supporting this project. More information will come to you in an email.

### Bra Collection

Free the Girls will be happening this year! Why not collect now with family and friends? No reason to wait until September.

### Welcome Back Country Fair

Members, set your calendar (Aug. 28) and shop for your country fair outfit! Lots of fun! Prizes, food, games. It's time to kick up our heels!

## Quilt Winner

Jennifer G. was the winner of the quilt drawing done on May 11. MaryBeth F. presented the quilt. Jennifer is a Riverside resident who submitted an entry after seeing the event listed on Next Door. Congratulations, Jennifer!





# Our Planet is Worth It!

Environmental changes can occur if we all work together. Below are ideas of things we can all do to make a difference.

## PROTECTING OUR PLANET STARTS WITH YOU



<b>BIKE MORE DRIVE LESS</b> 	 <b>reduce REUSE recycle</b> Cut down on what you throw away. Follow the three "R's" to conserve natural resources and landfill space.	<b>choose sustainable</b>  <b>seafood</b> Learn how to make smart seafood choices at <a href="http://www.FishWatch.gov">www.FishWatch.gov</a> .	Trees provide food and oxygen. They help save energy, clean the air, and help combat climate change.  <b>PLANT A TREE</b>
 <b>EDUCATE</b> When you further your own education, you can help others understand the importance and value of our natural resources.	<b>CONSERVE WATER</b>  The less water you use, the less runoff and wastewater that eventually end up in the ocean.	 <b>-SHOP- WISELY</b> Buy less plastic and bring a reusable shopping bag.	 <b>Don't send chemicals into our waterways.</b> Choose nontoxic chemicals in the home and office.
 <b>Volunteer!</b> Volunteer for cleanups in your community. You can get involved in protecting your watershed too!		 <b>Long-lasting light bulbs - ARE A - BRIGHT IDEA</b> Energy efficient light bulbs reduce greenhouse gas emissions. Also flip the light switch off when you leave the room!	

[oceanservice.noaa.gov](http://oceanservice.noaa.gov)

What you can do to prevent water pollution? ([www.oceanservice.noaa.gov](http://www.oceanservice.noaa.gov))

Did you know that YOU could be contributing to some of the pollutions that reach our waterways? There are many things all of us can do to reduce contaminants in our environment, including:

1. Plant grass, trees, and shrubs in bare areas to reduce and absorb runoff, reduce erosion, and improve habitat.
2. Properly dispose of pet waste, motor oil, and household chemicals.
3. Use fertilizers and pesticides sparingly on lawns and gardens.
4. Keep trash out of storm drains, where it will clog up the drain or end up in the nearest stream or lake.
5. Organize neighborhood cleanups.
6. Maintain your car to prevent oil leaks.
7. Consider purchasing and using less toxic household chemicals.
8. Recycle plastic, glass, and paper.

## Household

### Plastics

■ In your quest to go green, use this guide to use and sort plastic. The number, usually found with a triangle symbol on a container, indicates the type of resin used to produce the plastic. Call **1-800-CLEANUP** for recycling information in your state.



**Number 1 • PETE or PET (polyethylene terephthalate)**

**IS USED IN** . . . . . microwavable food trays; salad dressing, soft drink, water, and beer bottles

**STATUS** . . . . . hard to clean; absorbs bacteria and flavors; avoid reusing  
**IS RECYCLED TO MAKE** . . carpet, furniture, new containers, Polar fleece



**Number 2 • HDPE (high-density polyethylene)**

**IS USED IN** . . . . . household cleaner and shampoo bottles, milk jugs, yogurt tubs

**STATUS** . . . . . transmits no known chemicals into food  
**IS RECYCLED TO MAKE** . . detergent bottles, fencing, floor tiles, pens



**Number 3 • V or PVC (vinyl)**

**IS USED IN** . . . . . cooking oil bottles, clear food packaging, mouthwash bottles

**STATUS** . . . . . is believed to contain phalates that interfere with hormonal development; avoid

**IS RECYCLED TO MAKE** . . cables, mudflaps, paneling, roadway gutters



**Number 4 • LDPE (low-density polyethylene)**

**IS USED IN** . . . . . bread and shopping bags, carpet, clothing, furniture

**STATUS** . . . . . transmits no known chemicals into food  
**IS RECYCLED TO MAKE** . . envelopes, floor tiles, lumber, trash-can liners



**Number 5 • PP (polypropylene)**

**IS USED IN** . . . . . ketchup bottles, medicine and syrup bottles, drinking straws

**STATUS** . . . . . transmits no known chemicals into food  
**IS RECYCLED TO MAKE** . . battery cables, brooms, ice scrapers, rakes



**Number 6 • PS (polystyrene)**

**IS USED IN** . . . . . disposable cups and plates, egg cartons, take-out containers

**STATUS** . . . . . is believed to leach styrene, a possible human carcinogen, into food; avoid

**IS RECYCLED TO MAKE** . . foam packaging, insulation, light switchplates, rulers



**Number 7 • Other (miscellaneous)**

**IS USED IN** . . . . . 3- and 5-gallon water jugs, nylon, some food containers

**STATUS** . . . . . contains bisphenol A, which has been linked to heart disease and obesity; avoid

**IS RECYCLED TO MAKE** . . custom-made products



# Reading Corner



## Remarkable Creatures Summary

**ESO (Epsilon Sigma Omicron) – A self-paced program giving recognition for reading**

I would like to congratulate two of our members, Darleen DeMason and Robbie Kennedy, for reaching the first level of the program. This means that they have read 16 books in four different categories. They will receive a Certificate from the California Federal of Women's Clubs and an ESO Pin from myself, the ESO Chairman. I encourage each and everyone one of you to become involved in this wonderful program and read a diverse array of books to stimulate your self-improvement and expand your areas of interest. There are 25 categories to choose from. For more information email me at [tlippertann@gmail.com](mailto:tlippertann@gmail.com)

### CONTACT US

[www.RiversideWomansClub.com](http://www.RiversideWomansClub.com)

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# June Coloring Page

